40 Basic Stir Fry Sauce Recipes

FROM: Seasons & Suppers (www.seasonsandsuppers.ca)
Here are my favourite stir fry sauce recipes. They vary in size. You can half or double, as needed. In all cases, simply combine the ingredients and add to your stir fry sauce.

**Sauce Thickening Mixture:** stir together 2 Tbsp. cornstarch with 2 Tbsp. water until smooth. Add a to your simmering sauce at the end, adding a bit at a time, until it thickens as desired.

<table>
<thead>
<tr>
<th>Basic Stir Fry Sauce Recipe 1</th>
<th>Easy Stir Fry Sauce 1</th>
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<tbody>
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<td>1/2 cup chicken stock</td>
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<td>1 Tbsp rice wine vinegar</td>
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<td>2 tsp sesame oil</td>
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Easy Stir Fry Sauce 2:
1/4 cup rice wine vinegar
2 Tbsp sesame oil
1/4 cup brown sugar
1/4 cup soy sauce
Sauce Thickening Mixture see head notes
Suggested Aromatics: fresh minced garlic, fresh minced ginger
Suggested Additions: sliced or diced long red chilli
Suggested Garnish: fresh green onion chopped, sesame seeds
Suggested Protein: chicken, pork, beef, noodles
**General Tso's Inspired Stir Fry Sauce 1:**
1/2 - 3/4 cup white sugar *adjust sugar to your taste*
1/4 cup soy sauce
1/4 cup white wine vinegar
1/2 cup hot chicken broth
1 - 2 Tbsp heaping . Asian Chilli Garlic
Sauce *adjust amount to your taste*
Sauce Thickening Mixture *see head notes*
Suggested Aromatics: *minced garlic, minced fresh ginger, red chilli flakes*
Suggested Garnish: *fresh green onion, chopped*
Suggested Protein: *chicken, tofu*

**Kung Pao Style Stir Fry Sauce 1:**
2 Tbsp white wine or white wine vinegar
2 Tbsp soy sauce
2 Tbsp sesame oil
Hot chilli paste or sauce, to taste
1 tsp white vinegar
2 tsp brown sugar
Sauce Thickening Mixture *see head notes*
Suggested Aromatics - *minced garlic*
Suggested Garnish: *fresh green onion, chopped*
Suggested Protein: *chicken, tofu*

**General Tso's Inspired Stir Fry Sauce 2:**
1/2 cup white sugar
3 Tbsp chicken broth
1 Tbsp rice vinegar
1/4 cup soy sauce
2 tsp sesame oil
Sauce Thickening Mixture *see head notes*
Suggested Aromatics: *minced garlic, minced fresh ginger, dried red chilies or red chilli flakes, orange zest*
Suggested Garnish: *fresh green onion, chopped*
Suggested Protein: *chicken, tofu*

**Kung Pao Style Stir Fry Sauce 2:**
1 Tbsp Chinese black vinegar or balsamic vinegar
1 tsp soy sauce
1 tsp hoisin sauce
1 tsp sesame oil
2 tsp sugar
Sauce Thickening Mixture *see head notes*
Suggested Aromatics: *dried red chilies or red pepper flakes, minced garlic, minced ginger*
Suggested Garnish: *green onion, chopped peanuts*
Suggested Protein: *chicken, tofu*

**General Tso's Inspired Stir Fry Sauce 3:**
1/2 cup chicken stock
3 Tbsp soy sauce
2 Tbsp rice vinegar
2 tsp sesame oil
2 Tbsp Chinese rice wine or dry sherry
3 Tbsp white granulated sugar
Sauce Thickening Mixture *see head notes*
Suggested aromatics: *minced garlic, minced fresh ginger, dried red chilies or chilli pepper flakes*
Suggested garnish: *fresh green onion, chopped*
Suggested Protein: *chicken, tofu*

**Sesame Stir Fry Sauce 1:**
1 cup chicken broth
1 cup white sugar
2 Tbsp white vinegar
2 Tbsp soy sauce
2 Tbsp sesame oil
1 tsp chile paste
Sauce Thickening Mixture *see head notes*
Suggested Aromatics: *minced garlic*
Suggested Garnish: *sesame seeds*
Suggested Protein: *chicken, tofu*

**Sesame Stir Fry Sauce 2:**
2 Tbsp soy sauce
1 Tbsp water
1/2 Tbsp toasted or regular sesame oil
1 1/2 Tbsp brown sugar
1 1/2 Tbsp rice vinegar
Sauce Thickening Mixture *see head notes*
Suggested Aromatics: *minced fresh ginger, minced fresh garlic*
Suggested Garnish: *sesame seeds*
Suggested Protein: *chicken, tofu*

**General Tso's Inspired Stir Fry Sauce 4:**
4 tsp sesame oil
1/2 cup water
1/4 cup white vinegar
1/2 cup white sugar
2 Tbsp soy sauce
1/4 cup oyster sauce
1/4 cup ketchup
Sauce Thickening Mixture *see head notes*
Suggested Aromatics: *minced fresh ginger*
Suggested Garnish: *fresh green onion, chopped*
Suggested Protein: *chicken, tofu*
Sweet and Sour Stir Fry Sauce 1:
1 cup water
1/4 tsp salt
3/4 cup white sugar
1/3 cup cider vinegar
1/4 cup ketchup
1/2 tsp soy sauce
Sauce Thickening Mixture see head notes
Suggested Additions: bell pepper strips, pineapple chunks
Suggested Garnish: green onion, chopped
Suggested Protein: chicken, pork, tofu, shrimp

Spicy Korean Style Stir Fry Sauce 1:
1/3 cup gochujang Korean chili paste
1 Tbsp soy sauce
1 Tbsp toasted or regular sesame oil
1 Tbsp white sugar
1 Tbsp rice wine or rice wine vinegar
2 tsp gochugaru Korean dried chili pepper flakes
cup Suggested Additions: 1/4 chopped and peeled Asian pear
Suggested Aromatics: fresh minced ginger, fresh minced garlic
Suggested Protein: chicken, pork, tofu

Sweet and Sour Stir Fry Sauce 2:
1/4 cup pineapple juice
1/4 cup white vinegar
1/4 cup ketchup
2-3 Tbsp brown sugar
Sauce Thickening Mixture see head notes
Suggested Additions: bell pepper strips, pineapple chunks
Suggested Aromatics: minced fresh ginger
Suggested Garnish: green onion, chopped
Suggested Protein: chicken, pork, tofu, shrimp

Korean Style Stir Fry Sauce 2:
3 Tbsp mirin
2 Tbsp soy sauce
1 tsp toasted or regular sesame oil
Sauce Thickening Mixture see head notes
Suggested Additions: bean sprouts, baby spinach, chopped cilantro, chopped jalapeno
Suggested Aromatics: fresh minced ginger, fresh minced garlic
Suggested Garnish: sesame seeds
Suggested Protein: chicken, pork, beef, tofu

Sweet and Sour Stir Fry Sauce 3:
3/4 cup white sugar
1/2 cup apple cider vinegar
1/4 cup ketchup
1 Tbsp soy sauce
Sauce Thickening Mixture see head notes
Suggested Additions: bell pepper strips, pineapple chunks
Suggested Aromatics: minced fresh ginger, minced fresh garlic
Suggested Garnish: green onion, chopped
Suggested Protein: chicken, pork, tofu, shrimp

Spicy Korean Style Stir Fry Sauce 3:
2 Tbsp gochujang Korean red pepper flakes
2 Tbsp Gochujan Korean hot pepper paste
1 Tbsp white sugar
1 Tbsp corn syrup or honey
2 Tbsp sesame oil
2 Tbsp mirin
2 Tbsp sesame oil
1 cup chicken broth
Sauce Thickening Mixture see head notes
Suggested Aromatics: fresh minced ginger, fresh minced garlic
Suggested Garnish: sesame seeds
Suggested Protein: chicken, pork, beef, tofu
**Beef stir fry sauce 1:**
1/3 cup soy sauce
2 Tbsp brown sugar
*Sauce Thickening Mixture see head notes*
*Suggested Aromatics: fresh minced ginger, fresh minced garlic*
*Suggested Additions: broccoli, onion*
*Suggested Garnish: sesame seeds*
*Suggested Protein: beef*

**Beef stir fry sauce 2:**
1/4 cup soy sauce
1/4 cup medium-dry Sherry or Whiskey
1/4 cup chicken or beef broth or water
1 Tbsp white sugar
2 Tbsp sesame oil
*Sauce Thickening Mixture see head notes*
*Suggested Aromatics: fresh minced garlic, fresh minced ginger*
*Suggested Garnish: fresh green onion, chopped, sesame seeds*
*Suggested Protein: beef*

**Beef stir fry sauce 3:**
1 Tbsp soy sauce
1 Tbsp dry sherry
2 tsp sesame oil
3 Tbsp hoisin sauce
*Sauce Thickening Mixture see head notes*
*Suggested Aromatics: minced garlic, minced ginger*
*Suggested Garnish: fresh green onion, chopped, sesame seeds*
*Suggested Protein: beef*

**Beef stir fry sauce 4:**
1 1/3 cup soy sauce
1 1/2 tsp brown sugar
1 1/2 Tbsp sesame oil
*Sauce Thickening Mixture see head notes*
*Suggested Aromatics: fresh minced garlic, fresh minced ginger*
*Suggested Garnish: green onion, chopped, sesame seeds*
*Suggested Protein: beef*

**Beef stir fry sauce 5:**
2/3 cup soy sauce
1/4 cup mirin
1 Tbsp toasted or regular sesame oil
2-3 Tbsp brown sugar
1-2 Tbsp sambal oelek
*Sauce Thickening Mixture see head notes*
*Suggested Aromatics: minced garlic, minced ginger*
*Suggested Garnish: green onion, chopped, sesame seeds*
*Suggested Protein: beef*

**Thai Style Stir Fry Sauce 1 (Peanut):**
2 Tbsp peanut butter
2 Tbsp rice wine vinegar
2 Tbsp soy sauce
1 Tbsp brown sugar
*Suggested Aromatics: fresh minced garlic, fresh minced ginger, red pepper flakes*
*Suggested Additions: Sliced or diced thai red chili peppers*
*Suggested Garnish: fresh green onion, chopped, sesame seeds, chopped peanuts, chopped cilantro, chopped Thai basil*
*Suggested Protein: chicken, pork, beef, noodles*

**Thai Style Stir Fry Sauce 2:**
4 Tbsp soy sauce
2 Tbsp oyster sauce
2 tsp white vinegar
2 tsp sugar, white or brown
2 Tbsp water
*Sauce Thickening Mixture see head notes*
*Suggested Aromatics: fresh minced garlic, fresh minced ginger, red pepper flakes*
*Suggested Additions: Sliced or diced thai red chili peppers*
*Suggested Garnish: fresh green onion, chopped, sesame seeds, chopped peanuts, chopped cilantro, chopped Thai basil*
*Suggested Protein: chicken, pork, beef, noodles*

**Thai Style Stir Fry Sauce 3:**
1/4 cup fresh lime juice
1/4 cup fish sauce
2 Tbsp soy sauce
2 Tbsp brown sugar
*Sauce Thickening Mixture see head notes*
*Suggested Aromatics: fresh minced garlic, fresh minced ginger, red pepper flakes*
*Suggested Additions: Sliced or diced thai red chilli pepper*
*Suggested Garnish: fresh green onion, chopped, sesame seeds, chopped peanuts, chopped cilantro*
*Suggested Protein: chicken, pork, beef, noodles*
Teriyaki Stir Fry Sauce 1:
1/4 cup soy sauce
1/4 cup mirin (sweet rice wine)
1/4 cup brown sugar
2 Tbsp sake
Sauce Thickening Mixture see head notes
Suggested Aromatics: fresh minced garlic, fresh minced ginger
Suggested Garnish: fresh green onion, chopped, sesame seeds
Suggested Protein: chicken, shrimp, salmon, pork, beef, noodles

Teriyaki stir fry sauce 2:
1/4 cup soy sauce
2 Tbsp ketchup
1 Tbsp white vinegar
Sauce Thickening Mixture see head notes
Suggested Aromatics: fresh minced garlic, fresh minced ginger
Suggested Garnish: fresh green onion, chopped, sesame seeds
Suggested Protein: chicken, shrimp, salmon, pork, beef, noodles

Teriyaki stir fry sauce 3:
1/4 cup soy sauce
1/2 cup water
1/4 cup brown sugar
1 Tbsp honey
1 tsp toasted or regular sesame oil
Sauce Thickening Mixture see head notes
Suggested Aromatics: fresh minced garlic, fresh minced ginger
Suggested Garnish: fresh green onion, chopped, sesame seeds
Suggested Protein: chicken, shrimp, salmon, pork, beef, noodles

Teriyaki stir fry sauce 4:
1/3 cup soy sauce
1/4 cup brown sugar, packed
2 Tbsp honey
Sauce Thickening Mixture see head notes
Suggested Aromatics: fresh minced garlic, fresh minced ginger
Suggested Garnish: fresh green onion, chopped, sesame seeds
Suggested Protein: chicken, shrimp, salmon, pork, beef, noodles

Teriyaki stir fry sauce 5:
1/2 cup soy sauce
1/3 cup chicken stock
1/4 cup pineapple juice
1/4 cup packed light brown sugar
Sauce Thickening Mixture see head notes
Suggested Aromatics: fresh minced garlic, fresh minced ginger
Suggested Garnish: fresh green onion, chopped, sesame seeds
Suggested Protein: chicken, shrimp, salmon, pork, beef, noodles

Szechuan Stir Fry Sauce 1:
2 Tbsp dry sherry
1/2 cup chicken broth
1 1/2 Tbsp soy sauce
1 Tbsp Asian chili garlic sauce
1 tsp sugar
Sauce Thickening Mixture see head notes
Suggested Garnish: fresh green onion, chopped, sesame seeds
Suggested Protein: chicken, beef, pork, noodles, tofu

Szechuan Stir Fry Sauce 2:
2 tsp sesame oil
1/2 cup chicken broth
2 Tbsp soy sauce
1 Tbsp rice vinegar
2 tsp sambal oelek
Sauce Thickening Mixture see head notes
Suggested Aromatics: minced fresh garlic, minced fresh ginger, red pepper flakes
Suggested Garnish: fresh green onion, chopped, sesame seeds
Suggested Protein: chicken, beef, pork, noodles, tofu
**Lemon Stir Fry Sauce 1:**
1/2 cup chicken broth
1/4 cup freshly squeezed lemon juice
Zest of 1 lemon
2 Tbsp soy sauce
1 Tbsp white or brown sugar
Sauce Thickening Mixture see head notes
Suggested Aromatics: minced fresh garlic,
minced fresh ginger,
Suggested Garnish: fresh green onion,
chopped
Suggested Protein: chicken, salmon, shrimp

**Lemon Stir Fry Sauce 2:**
2/3 cup chicken broth
1 Tbsp sugar
1 Tbsp soy sauce
2 -3 Tbsp lemon juice
Sauce Thickening Mixture see head notes
Suggested Aromatics: minced fresh ginger,
Suggested Garnish: fresh green onion,
chopped
Suggested Protein: chicken, salmon, shrimp

**Orange Stir Fry Sauce 1:**
1/2 cup orange juice
3 Tbsp soy sauce
1 Tbsp grated orange zest
1/2 cup chicken broth
Sauce Thickening Mixture see head notes
Suggested Aromatics: minced fresh garlic,
minced fresh ginger, red pepper flakes
Suggested Garnish: fresh green onion,
chopped
Suggested Protein: chicken, salmon, shrimp

**Orange Stir Fry Sauce 2:**
1/2 cup water or chicken broth
Zest from 1/2 orange
1/2 cup freshly squeezed orange juice
4 Tbsp soy sauce
2 tsp sesame oil
2 Tbsp honey or brown sugar
Sauce Thickening Mixture see head notes
Suggested Aromatics: minced fresh garlic,
minced fresh ginger, red pepper flakes
Suggested Garnish: fresh green onion,
chopped
Suggested Protein: chicken, salmon, shrimp