

# 40 Basic Stir Fry Sauce Recipes

FROM: Seasons & Suppers ([www.seasonsandsuppers.ca](http://www.seasonsandsuppers.ca))

Here are my favourite stir fry sauce recipes. They vary in size. You can half or double, as needed. In all cases, simply combine the ingredients and add to your stir fry sauce.

**Sauce Thickening Mixture:** stir together 2 Tbsp. cornstarch with 2 Tbsp. water until smooth. Add a to your simmering sauce at the end, adding a bit at a time, until it thickens as desired.

## **Basic Stir Fry Sauce Recipe 1:**

1/2 cup chicken stock  
2 Tbsp soy sauce  
1 Tbsp rice wine vinegar  
2 tsp sesame oil  
1/4 teaspoon hot pepper sauce  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger*  
Suggested Garnish: *fresh green onion chopped, sesame seeds*  
Suggested Protein: *chicken, shrimp, salmon, pork, beef, noodles*

## **Basic Stir Fry Sauce Recipe 2:**

1/2 cup soy sauce  
1/2 cup chicken broth  
1 Tbsp honey  
1 tsp oil  
1 tsp rice vinegar  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger*  
Suggested Garnish: *fresh green onion chopped, sesame seeds*  
Suggested Protein: *chicken, shrimp, salmon, pork, beef, noodles*

## **Easy Stir Fry Sauce 1:**

2/3 cup water or chicken broth  
3 Tbsp soy sauce  
1 Tbsp white or rice vinegar  
2 tsp sugar  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced ginger*  
Suggested Garnish: *fresh green onion, fresh minced garlic chopped, sesame seeds*  
Suggested Protein: *chicken, pork, beef, noodles*

## **Easy Stir Fry Sauce 2:**

1/4 cup rice wine vinegar  
2 Tbsp sesame oil  
1/4 cup brown sugar  
1/4 cup soy sauce  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger*  
Suggested Additions: *sliced or diced long red chilli*  
Suggested Garnish: *fresh green onion chopped, sesame seeds*  
Suggested Protein: *chicken, pork, beef, noodles*

**General Tso's Inspired Stir Fry Sauce 1:**

1/2 - 3/4 cup white sugar *adjust sugar to your taste*

1/4 cup soy sauce

1/4 cup white wine vinegar

1/2 cup hot chicken broth

1 - 2 Tbsp heaping . Asian Chilli Garlic

Sauce *adjust amount to your taste*

Sauce Thickening Mixture *see head notes*

Suggested Aromatics: *minced garlic, minced fresh ginger, red chilli flakes*

Suggested Garnish: *fresh green onion, chopped*

Suggested Protein: *chicken, tofu*

**General Tso's Inspired Stir Fry Sauce 2:**

1/2 cup white sugar

3 Tbsp chicken broth

1 Tbsp rice vinegar

1/4 cup soy sauce

2 tsp sesame oil

Sauce Thickening Mixture *see head notes*

Suggested Aromatics: *minced garlic, minced fresh ginger, dried red chilies or red chilli flakes, orange zest*

Suggested Garnish: *fresh green onion, chopped*

Suggested Protein: *chicken, tofu*

**General Tso's Inspired Stir Fry Sauce 3:**

1/2 cup chicken stock

3 Tbsp soy sauce

2 Tbsp rice vinegar

2 tsp sesame oil

2 Tbsp Chinese rice wine or dry sherry

3 Tbsp white granulated sugar

Sauce Thickening Mixture *see head notes*

Suggested aromatics: *minced garlic, minced fresh ginger, dried red chilies or chilli pepper flakes*

Suggested garnish: *fresh green onion, chopped*

Suggest Protein: *chicken, tofu*

**General Tso's Inspired Stir Fry Sauce 4:**

4 tsp sesame oil

1/2 cup water

1/4 cup white vinegar

1/2 cup white sugar

2 Tbsp soy sauce

1/4 cup oyster sauce

1/4 cup ketchup

Sauce Thickening Mixture *see head notes*

Suggested Aromatics: *minced fresh ginger*

Suggested Garnish: *fresh green onion, chopped*

Suggested Protein: *chicken, tofu*

**Kung Pao Style Stir Fry Sauce 1:**

2 Tbsp white wine or white wine vinegar

2 Tbsp soy sauce

2 Tbsp sesame oil

Hot chilli paste or sauce, to taste

1 tsp white vinegar

2 tsp brown sugar

Sauce Thickening Mixture *see head notes*

Suggested Aromatics - *minced garlic*

Suggested Garnish: *fresh green onion, chopped*

Suggested Protein: *chicken, tofu*

**Kung Pao Style Stir Fry Sauce 2:**

1 Tbsp Chinese black vinegar or balsamic vinegar

1 tsp soy sauce

1 tsp hoisin sauce

1 tsp sesame oil

2 tsp sugar

Sauce Thickening Mixture *see head notes*

Suggested Aromatics: *dried red chilies or red pepper flakes, minced garlic, minced ginger*

Suggested Garnish: *green onion, chopped peanuts*

Suggested Protein: *chicken, tofu*

**Sesame Stir Fry Sauce 1:**

1 cup chicken broth

1 cup white sugar

2 Tbsp white vinegar

2 Tbsp soy sauce

2 Tbsp sesame oil

1 tsp chile paste

Sauce Thickening Mixture *see head notes*

Suggested Aromatics: *minced garlic*

Suggested Garnish: *sesame seeds*

Suggested Protein: *chicken, tofu*

**Sesame Stir Fry Sauce 2:**

2 Tbsp soy sauce

1 Tbsp water

1/2 Tbsp toasted or regular sesame oil

1 1/2 Tbsp brown sugar

1 1/2 Tbsp rice vinegar

Sauce Thickening Mixture *see head notes*

Suggested Aromatics: *minced fresh ginger, minced fresh garlic*

Suggested Garnish: *sesame seeds*

Suggested Protein: *chicken, tofu*

**Sweet and Sour Stir Fry Sauce 1:**

1 cup water  
1/4 tsp salt  
3/4 cup white sugar  
1/3 cup cider vinegar  
1/4 cup ketchup  
1/2 tsp soy sauce  
Sauce Thickening Mixture *see head notes*  
Suggested Additions: *bell pepper strips, pineapple chunks*  
Suggested Garnish: *green onion, chopped*  
Suggested Protein: *chicken, pork, tofu, shrimp*

**Sweet and Sour Stir Fry Sauce 2:**

1/4 cup pineapple juice  
1/4 cup white vinegar  
1/4 cup ketchup  
2-3 Tbsp brown sugar  
Sauce Thickening Mixture *see head notes*  
Suggested Additions: *bell pepper strips, pineapple chunks*  
Suggested Aromatics: *minced fresh ginger*  
Suggested Garnish: *green onion, chopped*  
Suggested Protein: *chicken, pork, tofu, shrimp*

**Sweet and Sour Stir Fry Sauce 3:**

3/4 cup white sugar  
1/2 cup apple cider vinegar  
1/4 cup ketchup  
1 Tbsp soy sauce  
Sauce Thickening Mixture *see head notes*  
Suggested Additions: *bell pepper strips, pineapple chunks*  
Suggested Aromatics: *minced fresh ginger, minced fresh garlic*  
Suggested Garnish: *green onion, chopped*  
Suggested Protein: *chicken, pork, tofu, shrimp*

**Spicy Korean Style Stir Fry Sauce 1:**

1/3 cup gochujang *Korean chili paste*  
1 Tbsp soy sauce  
1 Tbsp toasted or regular sesame oil  
1 Tbsp white sugar  
1 Tbsp rice wine or rice wine vinegar  
2 tsp gochugaru *Korean dried chili pepper flakes*  
cup Suggested Additions: *1/4 chopped and peeled Asian pear*  
Suggested Aromatics: *fresh minced ginger, fresh minced garlic*  
Suggested Protein: *chicken, pork, tofu*

**Korean Style Stir Fry Sauce 2:**

3 Tbsp mirin  
2 Tbsp soy sauce  
1 tsp toasted or regular sesame oil  
Sauce Thickening Mixture *see head notes*  
Suggested Additions: *bean sprouts, baby spinach, chopped cilantro, chopped jalapeno*  
Suggested Aromatics: *fresh minced ginger, fresh minced garlic*  
Suggested Garnish: *sesame seeds*  
Suggested Protein: *chicken, pork, beef, tofu*

**Spicy Korean Style Stir Fry Sauce 3:**

2 Tbsp . gochugaru *Korean red pepper flakes*  
2 Tbsp Gochujan *Korean hot pepper paste*  
1 Tbsp white sugar  
1 Tbsp corn syrup or honey  
2 Tbsp sesame oil  
2 Tbsp mirin  
2 Tbsp sesame oil  
1 cup chicken broth  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced ginger, fresh minced garlic*  
Suggested Garnish: *sesame seeds*  
Suggested Protein: *chicken, pork, beef, tofu*

**Beef stir fry sauce 1:**

1/3 cup soy sauce  
2 Tbsp brown sugar  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced ginger, fresh minced garlic*  
Suggested Additions: *broccoli, onion*  
Suggested Garnish: *sesame seeds*  
Suggested Protein: *beef*

**Beef stir fry sauce 2:**

1/4 cup soy sauce  
1/4 cup medium-dry Sherry or Whiskey  
1/4 cup chicken or beef broth or water  
1 Tbsp white sugar  
2 Tbsp sesame oil  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger*  
Suggested Garnish: *fresh green onion, chopped, sesame seeds*  
Suggested Protein: *beef*

**Beef stir fry sauce 3:**

1 Tbsp soy sauce  
1 Tbsp dry sherry  
2 tsp sesame oil  
3 Tbsp hoisin sauce  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *minced garlic, minced ginger*  
Suggested Garnish: *fresh green onion, chopped, sesame seeds*  
Suggested Protein: *beef*

**Beef stir fry sauce 4:**

1/3 cup soy sauce  
1 1/2 tsp brown sugar  
1 1/2 Tbsp sesame oil  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger*  
Suggested Garnish: *green onion, chopped, sesame seeds*  
Suggested Protein: *beef*

**Beef stir fry sauce 5:**

2/3 cup soy sauce  
1/4 cup mirin  
1 Tbsp toasted or regular sesame oil  
2-3 Tbsp brown sugar  
1-2 Tbsp sambal oelek  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *minced garlic, minced ginger*  
Suggested Garnish: *green onion, chopped, sesame seeds*  
Suggested Protein: *beef*

**Thai Style Stir Fry Sauce 1 (Peanut):**

2 Tbsp peanut butter  
2 Tbsp rice wine vinegar  
2 Tbsp soy sauce  
1 Tbsp brown sugar  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger, red pepper flakes*  
Suggested Additions: *Sliced or diced thai red chili peppers*  
Suggested Garnish: *fresh green onion, chopped, sesame seeds, chopped peanuts, chopped cilantro, chopped Thai basil*  
Suggested Protein: *chicken, pork, beef, noodles*

**Thai Style Stir Fry Sauce 2:**

4 Tbsp soy sauce  
2 Tbsp oyster sauce  
2 tsp white vinegar  
2 tsp sugar, white or brown  
2 Tbsp water  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger, red pepper flakes*  
Suggested Additions: *Sliced or diced thai red chili peppers*  
Suggested Garnish: *fresh green onion, chopped, sesame seeds, chopped peanuts, chopped cilantro, chopped Thai basil*  
Suggested Protein: *chicken, pork, beef, noodles*

**Thai Style Stir Fry Sauce 3:**

1/4 cup fresh lime juice  
1/4 cup fish sauce  
2 Tbsp soy sauce  
2 Tbsp brown sugar  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger, red pepper flakes*  
Suggested Additions: *Sliced or diced thai red chilli pepper*  
Suggested Garnish: *fresh green onion, chopped, sesame seeds, chopped peanuts, chopped cilantro*  
Suggested Protein: *chicken, pork, beef, noodles*

**Teriyaki Stir Fry Sauce 1:**

1/4 cup soy sauce  
1/4 cup mirin *sweet rice wine*  
1/4 cup brown sugar  
2 Tbsp sake  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger*  
Suggested Garnish: *fresh green onion, chopped, sesame seeds*  
Suggested Protein: *chicken, shrimp, salmon, pork, beef, noodles*

**Teriyaki stir fry sauce 2:**

1/4 cup soy sauce  
2 Tbsp ketchup  
1 Tbsp white vinegar  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger*  
Suggested Garnish: *fresh green onion, chopped, sesame seeds*  
Suggested Protein: *chicken, shrimp, salmon, pork, beef, noodles*

**Teriyaki stir fry sauce 3:**

1/4 cup soy sauce  
1/2 cup water  
1/4 cup brown sugar  
1 Tbsp honey  
1 tsp toasted or regular sesame oil  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger*  
Suggested Garnish: *fresh green onion, chopped, sesame seeds*  
Suggested Protein: *chicken, shrimp, salmon, pork, beef, noodles*

**Teriyaki stir fry sauce 4:**

1/3 cup soy sauce  
1/4 cup brown sugar, packed  
2 Tbsp honey  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger*  
Suggested Garnish: *fresh green onion, chopped, sesame seeds*  
Suggested Protein: *chicken, shrimp, salmon, pork, beef, noodles*

**Teriyaki stir fry sauce 5:**

1/2 cup soy sauce  
1/3 cup chicken stock  
1/4 cup pineapple juice  
1/4 cup packed light brown sugar  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *fresh minced garlic, fresh minced ginger*  
Suggested Garnish: *fresh green onion, chopped, sesame seeds*  
Suggested Protein: *chicken, shrimp, salmon, pork, beef, noodles*

**Szechuan Stir Fry Sauce 1:**

2 Tbsp dry sherry  
1/2 cup chicken broth  
1 1/2 Tbsp soy sauce  
1 Tbsp asian chili garlic sauce  
1 tsp sugar  
Sauce Thickening Mixture *see head notes*  
Suggested Garnish: *fresh green onion, chopped, sesame seeds*  
Suggested Protein: *chicken, beef, pork, noodles, tofu*

**Szechuan Stir Fry Sauce 2:**

2 tsp sesame oil  
1/2 cup chicken broth  
2 Tbsp soy sauce  
1 Tbsp rice vinegar  
2 tsp sambal oelek  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *minced fresh garlic, minced fresh ginger, red pepper flakes*  
Suggested Garnish: *fresh green onion, chopped, sesame seeds*

Suggested Protein: *chicken, beef, pork, noodles, tofu*

**Lemon Stir Fry Sauce 1:**

1/2 cup chicken broth  
1/4 cup freshly squeezed lemon juice  
Zest of 1 lemon  
2 Tbsp soy sauce  
1 Tbsp white or brown sugar  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *minced fresh garlic, minced fresh ginger,*  
Suggested Garnish: *fresh green onion, chopped*  
Suggested Protein: *chicken, salmon, shrimp*

**Lemon Stir Fry Sauce 2:**

2/3 cup chicken broth  
1 Tbsp sugar  
1 Tbsp soy sauce  
2 -3 Tbsp lemon juice  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *minced fresh ginger, minced fresh ginger,*  
Suggested Garnish: *fresh green onion, chopped*  
Suggested Protein: *chicken, salmon, shrimp*

**Orange Stir Fry Sauce 1:**

1/2 cup orange juice  
3 Tbsp soy sauce  
1 Tbsp grated orange zest  
1/2 cup chicken broth  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *minced fresh garlic, minced fresh ginger, red pepper flakes*  
Suggested Garnish: *fresh green onion, chopped*  
Suggested Protein: *chicken, salmon, shrimp*

**Orange Stir Fry Sauce 2:**

1/2 cup water or chicken broth  
Zest from 1/2 orange  
1/2 cup freshly squeezed orange juice  
4 Tbsp soy sauce  
2 tsp sesame oil  
2 Tbsp honey or brown sugar  
Sauce Thickening Mixture *see head notes*  
Suggested Aromatics: *minced fresh garlic, minced fresh ginger, red pepper flakes*  
Suggested Garnish: *fresh green onion, chopped*  
Suggested Protein: *chicken, salmon, shrimp*